

Resources

# Top tips for being more fuel efficient



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## **Plan your journey**

Check in advance for the quickest route including roadworks, congestion or obstructions. Sat-navs will often include helpful live traffic updates.

## **Use start/stop**

Modern cars benefit from start/stop functionality which cuts the engine when stationary. This not only saves fuel, but cuts down on emissions.

## **Drive smoothly**

Accelerate and decelerate smoothly and steadily for the best fuel efficiency.





### **Don't rev**

Revsing the engine unnecessarily will use more fuel than necessary.

### **Refuel carefully**

Pump nozzles hold up to 250ml of fuel after you've dispensed it into your car. Wait a few seconds before removing the nozzle to avoid wastage.

### **Think ahead**

Account for traffic lights, roundabouts, junctions and speed restrictions, avoiding sudden reactions to them for improved fuel consumption.



### **Get a service**

A mechanic can help diagnose faults affecting your car's fuel efficiency.

### **Don't speed**

Keep to the speed limit for better fuel efficiency. Just 10 MPH difference can reduce your fuel by 15-25%

### **Skip the aircon**

Only use the aircon when necessary as it's a guzzler when it comes to fuel.

### **Gear up**

Change gears at around 2500 RPM in a petrol car or 2000 RPM in a diesel car and never let your car struggle in a higher gear if the revs are dropping.

## **Be aerodynamic**

Adding a roof rack to your car or even opening the windows changes aerodynamic properties, increasing drag and fuel consumption.

## **Cruise control**

Cruise control can be more economic when driving on flat roads. Turn this feature off on hilly roads as it is less fuel efficient.

## **Choosing fuel**

Premium performance fuels don't make a big difference to most UK cars, except performance cars.



## **Use the right oil**

Prolong the lifespan of your engine and improve fuel economy by choosing the correct engine oil. Refer to industry guides or professionals.

## **The brake pedal**

Many drivers rest their foot on the brake. This applies gentle pressure, increasing resistance and fuel consumption.

## **Wheel alignment**

Wheels lose parallel alignment from bumps, increasing fuel consumption,



## **Cut weight**

Extra boot weight makes the engine less efficient due to increased resistance.

## **Choosing tyres**

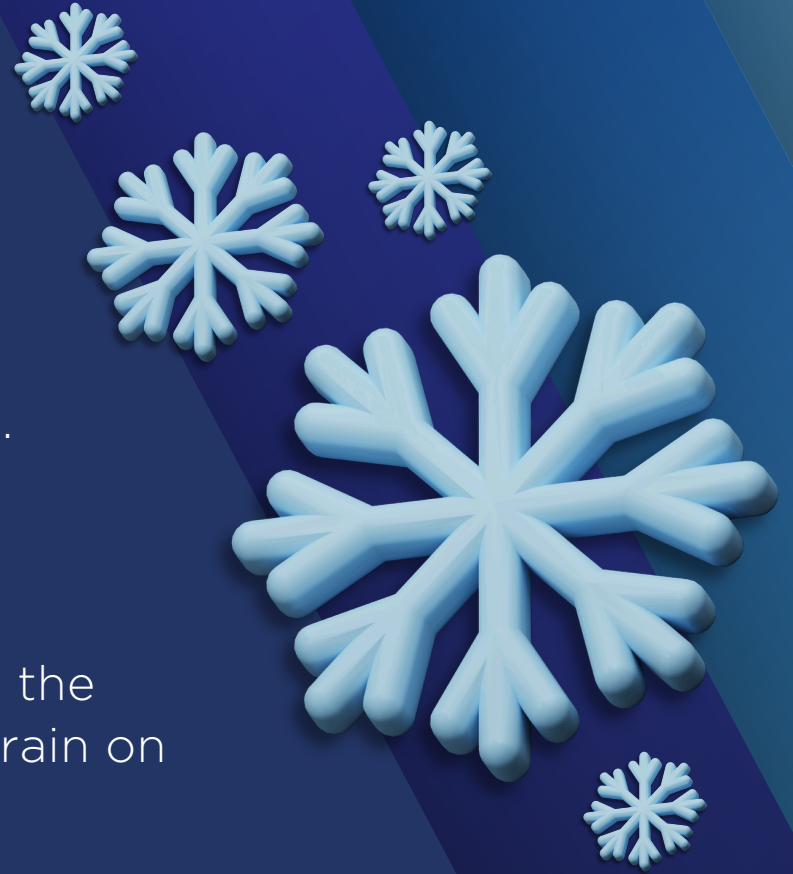
Tyres designed for off-road use increase the resistance of the vehicle putting more strain on the engine.

## **Tyre pressure**

Check tyre pressure regularly using a tyre pressure gauge. Refer to the user manual, inside the fuel cap cover or the inside edge of the driver's door for details.

## **Skip the warm-up**

Warming the car up first in winter wastes fuel. If the windscreen is icy it's cheaper to use a scraper and a bit of elbow grease.



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